

Germinal **Group**



Products book
Fresh Ready Meals

FRESH READY MEALS

THE CONSTANT RESEARCH ON RAW MATERIALS MATCHED WITH AN INTENSE STUDY ON THE PERFECT COMBINATIONS BETWEEN SELECTED INGREDIENTS AND TASTE, HAVE BROUGHT TO THE REALIZATION OF FRESH AND ORIGINAL RECIPES AIMED AT OFFERING ORGANIC PRODUCTS WHICH CARE FOR HUMAN HEALTH AND ENVIRONMENTAL SUSTAINABILITY. AND THEY ARE ALSO VEGAN AND GLUTEN FREE!

OUR MEALS ARE READY TO EAT, AS A QUICK LUNCH BREAK OR AS A BASE FOR THE PREPARATION OF DELICIOUS DINNERS.

RAW MATERIALS AND PROCESSES.

- Selected and qualified suppliers.
- Supply chain control on the raw materials most used in our productions.
- Possibility of documenting the origin of numerous raw materials and vegetables, tracing back from the production farm.
- Products without flours, starches or derivatives.
- Our products are not fried.
- A new production line for breaded products.



















CERTIFICATIONS.



Index

Code	Description	Commodity Code	Page
V7023	RED QUINOA WITH MIXED VEGETABLES	19049080	6
V7010	ORGANIC BLACK RICE WITH TOFU & OLIVES	19049010	7
V7047	ORGANIC LASAGNA WITH SPINACH	1902209120	8
V7027	ORGANIC VEGGIE LASAGNA	1902209120	9
V7034	ORGANIC SOUP WITH VEGETABLES & BUCKWHEAT	21041000	11
V7035	ORGANIC SOUP WITH SPINACH & HEMP SEEDS	21041000	12
V7036	ORGANIC SOUP WITH PUMPKIN & AMARANTH SEEDS	21041000	13
V7037	ORGANIC VEGETABLES SOUP	21041000	14
V7046	ORGANIC BREADED PATTY WITH SPINACH	20055900	16
V7048	ORGANIC CHICKPEAS NUGGETS	20055900	17
V7006	ORGANIC VEGGIE BITES CHICKPEA & BLACK BEANS	20055900	18
V7004	ORGANIC VEGGIE BITES AMARANTH & CARROTS	20055900	19
V7002	ORGANIC BURGER EGGPLANT & MILLET	20055900	20
V7005	ORGANIC BURGER CHICKPEA & DRIED TOMATOES	20055900	21
V7000	ORGANIC BURGER SPINACH & QUINOA	20055900	22
V7026	ORGANIC MINI-BURGER CARROTS & PUMPKIN	20055900	23
V7025	ORGANIC MINI-BURGER BEETROOT & LENTILS	20055900	24
V7028	ORGANIC CLASSIC HUMMUS	20059980	26
V7029	ORGANIC HUMMUS WITH BEETROOT	20059980	27
V7015	ORGANIC VEGETARIAN OLIVIER SALAD	20059950	28
V7050	ORGANIC CREAMY WITH PINK PEPPER	21069098	29
V7049	ORGANIC CREAMY WITH CHIVES	982821555	30

Key points

 Organic certified	 Without legumes	 Source of protein	 With millet	 Available also in frozen or fresh from frozen. Please enquire for more information.
 Gluten below 20 mg/kg	 3 g fibre / 100 g content	 With quinoa	 With ginger	
 Lactose free	 6 g fibre / 100 g content	 With amaranth	 With turmeric	 No ingredients coming from animal origin
 Not fried	 Rich in protein	 With buckwheat	 With kale	



Refined and creative preparations, a pleasant smell, colors and flavors that match the simplicity with the quality of the ingredients.

FIRST

COURSE

RED QUINOA WITH MIXED VEGETABLES



ORGANIC RED QUINOA WITH MIXED VEGETABLES

A TASTEFUL EXPLOSION OF SCENTS AND COLOURS FOR YOUR LUNCHES OR DINNERS. YOU CAN ENHANCE ITS FLAVOUR BY SEASONING IT WITH A DROP OF GERMINAL BIO FLAX SEED OIL.

Features	Organic, gluten free, vegan, source of fibre.
List of ingredients	*Rehydrated red quinoa 50%, (*red quinoa 50%, water), *pepper 15%, *peas 9%, *extra virgin olive oil, *carrots 5.5%, *tomatoes 5%, salt, *lemon juice, *basil 0.4%, *garlic. * = organic. May contain soy, celery, moustard, lupins, sesame seeds and nuts.

Product code	V7023	Typical nutritional value per 100g	
Unite of sale E.A.N. code	8001091003460	Energy	646 kJ / 154 kcal
Box E.A.N. code	8001091503465	Fat	7.0 g
UVC net weight	200 g	of which saturated	1.1 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate	17 g
Unit of sale size in cm (height, lenght, depth)	17.5 x 12.3 x 2.5	of which contains sugars	2.5 g
Primary packaging	Plastic tray	Fibre	3.3 g
Secondary packaging	Cardboard sleeve	Protein	4.2 g
		Salt	0.9 g

Commodity CODE	Pcs per box	Net weight	Box size (height, lenght, depth)	Box gross weight	Shelf-life	Palletisation
19049080	6	200 g	19 x 13 x 18.5 cm	1.5 Kg	60 days	216 ct. (6 layers da 36 ct.)

BLACK RICE WITH TOFU & OLIVES



ORGANIC BLACK RICE WITH TOFU & OLIVES

GERMINAL BIO VEGAN BLACK RICE WITH TOFU AND OLIVES PRESENTS A BEAUTIFUL COMBINATION OF COLOURS AND FLAVOURS: THE BLACK RICE RELEASES A STRONG NATURAL SCENT, WHILE THE OLIVES GIVE FRESHNESS AND INTENSITY OF FLAVOUR, CREATING AN DELICIOUS AND FRAGRANT COMBINATION. YOU CAN SERVE IT DECORATED WITH A SIMPLE AND TASTY JULIENNE OF CARROTS OR ON ITS OWN, ENHANCING THE FLAVOURS WITH A DROP OF GERMINAL BIO SESAME SEED OIL.

Features	Organic, gluten free, vegan, source of protein.
List of ingredients	*Rehydrated black rice 70% (*black rice 35%, water, salt), *carrot 12%, *tofu 10% [*soy, water, nigari (magnesium chloride)], *green olives 3%, *extra virgin olive oil, salt. * = organic. May contain mustard, celery, lupins, sesame seeds, nuts.

Product code	V7010	Typical nutritional value per 100g	
Unit of sale E.A.N. code	8001091003330	Energy	703 kJ / 167 kcal
Box E.A.N. code	8001091503335	Fat	3.1 g
UVC net weight	200 g	of which saturated	0.5 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate	27 g
Unit of sale size in cm (height, length, depth)	17.5 x 12.3 x 2.5	of which contains sugars	1.7 g
Primary packaging	Plastic tray	Fibre	2.6 g
Secondary packaging	Cardboard sleeve	Protein	6.4 g
		Salt	1.2 g

Commodity CODE	Pcs per box	Net weight	Box size (height, length, depth)	Box gross weight	Shelf-life	Palletisation
19049010	6	200 g	19 x 13 x 18.5 cm	1.5 Kg	60 days	216 ct. (6 layers da 36 ct.)

LASAGNA WITH SPINACH



ORGANIC LASAGNA WITH SPINACH

GERMINAL BIO LASAGNA WITH SPINACH IS A PRACTICAL AND TASTY FIRST COURSE, BASED ON SPINACH AND VEGETABLE BÉCHAMEL. A DIFFERENT WAY OF INTERPRET A CLASSIC OF TRADITIONAL ITALIAN CUISINE.

Features Organic, gluten free, vegan, source of protein.

List of ingredients *Vegetable ragout 56% [water, *spinach 18%, *kale, *carrot, *celery, *soy flakes, *onion, *extra virgin olive oil, [*soy beverage (water, *soy, salt), salt, *garlic, *rosemary, *paprika, *black pepper], *vegetable béchamel 34% [*soy beverage (water, *soy, salt), *rice flour, *sunflower seeds oil, salt, *nutmeg, *black pepper], *gluten free lasagna 10% (*corn flour, *rice flour). * = organic. May contain lupins, mustard, sesame, seeds, nuts.

Product code	V7047	Typical nutritional value per 100g	
Unite of sale E.A.N. code	8001091004245	Energy	542 kJ / 130 kcal
Box E.A.N. code	8001091504240	Fat	6.8 g
UVC net weight	250 g	of which saturated	1.0 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate	11 g
Unit of sale size in cm (height, lenght, depth)	17.5 x 12.3 x 2.5	of which contains sugars	1.2 g
Primary packaging	Plastic tray	Fibre	2.3 g
Secondary packaging	Cardboard sleeve	Protein	5.0 g
		Salt	1.2 g

Commodity CODE	Pcs per box	Net weight	Box size (height, lenght, depth)	Box gross weight	Shelf-life	Palletisation
1902209120	6	250 g	19 x 13 x 18.5 cm	1.8 Kg	70 days	216 ct. (6 layers da 36 ct.)

VEGGIE LASAGNA



ORGANIC VEGGIE LASAGNA

A TRADITIONAL ITALIAN RECIPE IN A GLUTEN FREE AND VEGAN VERSION! A CLASSIC TASTE WITH AN EXTRA TOUCH, FOR THOSE WHO FOLLOW A GLUTEN-FREE DIET OR WANT TO TRY A DIFFERENT BUT ALWAYS TASTEFUL RECIPE.

Features Organic, gluten free, vegan, source of protein.

List of ingredients *Vegetable ragout 60% (*tomato, water, *soy flakes, *eggplant, *carrot, *celery, *extra virgin olive oil, *onion, salt, *rosemary, *basil, *paprika, *pepper), *vegetable béchamel 30% [*soy beverage (water, *soy, salt), *rice flour, *sunflower seeds oil, salt, *nutmeg, *pepper], *gluten free lasagna 10% (*corn flour, *rice flour). * = organic. May contain lupins, moustard, sesame seeds, nuts.

Product code	V7027
Unite of sale E.A.N. code	8001091003606
Box E.A.N. code	8001091503601
UVC net weight	250 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.
Unit of sale size in cm (height, lenght, depth)	17.5 x 12.3 x 2.5
Primary packaging	Plastic tray
Secondary packaging	Cardboard sleeve

Typical nutritional value per 100g	
Energy	500 kJ / 119 kcal
Fat	4.7 g
of which saturated	0.6 g
Carbohydrate	13 g
of which contains sugars	1.7 g
Fibre	2.5 g
Protein	5.0 g
Salt	1.5 g

Commodity CODE	Pcs per box	Net weight	Box size (height, lenght, depth)	Box gross weight	Shelf-life	Palletisation
1902209120	6	250 g	19 x 13 x 18.5 cm	1.8 kg	70 days	216 ct. (6 layers da 36 ct.)



Soups are delicate dishes, good for every occasion. Intense and sought-after flavours, for a delicious main course.

SOUPS

SOUP WITH VEGETABLES & BUCKWHEAT



ORGANIC SOUP WITH VEGETABLES & BUCKWHEAT

GERMINAL BIO VEGAN SOUPS ARE A DISH SUITABLE FOR ANY OCCASION, TO BE SERVED ALONE OR WITH GLUTEN-FREE CROUTONS BROWNED IN A PAN. THE VERY INTENSE TASTE OF BUCKWHEAT COMBINES IN A PERFECT WAY WITH THE DELICATE FLAVOUR OF LEGUMES, MAKING THE SOUP A VERY TASTY AND INVITING DISH. SERVE IT HOT AND ADD A DROP OF GERMINAL BIO FLAX SEED OIL TO ENRICH THE FLAVOUR.

Features	Organic, gluten free, vegan, with kale.
List of ingredients	*Vegetables 28% (*kale 40%, *leek 31%, *potato 19%, *carrot 10%), water, *white beans, *buckwheat 3,5%, *onion, *extra virgin olive oil, salt, *paprika, *pepper. * = organic. May contain soy, celery, mustard, lupins, sesame seeds, nuts.

Product code	V7034	Typical nutritional value per 100g	
Unit of sale E.A.N. code	8001091003750	Energy	364 kJ / 87 kcal
Box E.A.N. code	8001091503755	Fat	2.9 g
UVC net weight	360 g	of which saturated	0.5 g
Storage	Keep refrigerated between 0 °C and +6 °C. Once opened keep refrigerated between 0 °C and +6 °C and consume within 2 days.	Carbohydrate	9.7 g
Unit of sale size in cm (height, length, depth)	5 x 18.3 x 15.3	of which contains sugars	1.0 g
Primary packaging	Plastic tray	Fibre	3.0 g
Secondary packaging	Cardboard sleeve	Protein	4.0 g
		Salt	0.85 g

Commodity CODE	Pcs per box	Net weight	Box size (height, length, depth)	Box gross weight	Shelf-life	Palletisation
21041000	4	360 g	10.2 x 31.4 x 18.5 cm	1.75 Kg	60 days	168 ct. (12 layers da 14 ct.)

SOUP WITH SPINACH & HEMP SEEDS



ORGANIC SOUP WITH SPINACH & HEMP SEEDS

GERMINAL BIO VEGAN VEGETABLE SOUPS ARE DELICATE DISHES SUITABLE FOR ANY OCCASION, TO BE SERVED ALONE OR WITH GLUTEN-FREE CROUTONS BROWNED IN A PAN. SOUP WITH SPINACH & HEMP SEEDS IS A SWEET PLEASURE: THE WHOLESOMENESS OF THE CHICKPEAS IS PERFECTLY BALANCED BY THE CHARACTERISTIC TASTE OF THE SPINACHES. SERVE IT HOT AND ADD A DROP OF GERMINAL BIO SESAME SEED OIL TO ENRICH THE FLAVOUR.

Features	Organic, gluten free, vegan, turmeric.
List of ingredients	*Spinaches 45%, water, *chickpeas, *onion, *extra virgin olive oil, *hemp seeds 1%, salt, *turmeric 0,2%, *pepper. * = organic. May contain soy, celery, mustard, lupins, sesame seeds, nuts.

Product code	V7035	Typical nutritional value per 100g	
Unit of sale E.A.N. code	8001091003767	Energy	263 kJ / 63 kcal
Box E.A.N. code	8001091503762	Fat	4.7 g
UVC net weight	360 g	of which saturated	0.7 g
Storage	Keep refrigerated between 0 °C and +6 °C. Once opened keep refrigerated between 0 °C and +6 °C and consume within 2 days.	Carbohydrate	2.0 g
Unit of sale size in cm (height, length, depth)	5 x 18.3 x 15.3	of which contains sugars	0.6 g
Primary packaging	Plastic tray	Fibre	1.1 g
Secondary packaging	Cardboard sleeve	Protein	2.7 g
		Salt	0.7 g

Commodity CODE	Pcs per box	Net weight	Box size (height, length, depth)	Box gross weight	Shelf-life	Palletisation
21041000	4	360 g	10.2 x 31.4 x 18.5 cm	1.75 Kg	60 days	168 ct. (12 layers da 14 ct.)

SOUP WITH PUMPKIN & AMARANTH SEEDS



ORGANIC SOUP WITH PUMPKIN & AMARANTH SEEDS

GERMINAL BIO VEGAN VEGETABLE SOUPS ARE DELICATE DISHES SUITABLE FOR ANY OCCASION, TO BE SERVED ALONE OR WITH GLUTEN-FREE CROUTONS BROWNED IN A PAN. THE SOUP WITH PUMPKIN & AMARANTH SEEDS IS A UNIQUE COMBINATION: THE FUSION BETWEEN THE SWEET DELICACY OF CARROTS AND PUMPKIN AND THE LIGHT SPICINESS OF GINGER BRINGS AN UNFORGETTABLE DISH TO THE TABLE. SERVE IT HOT AND ADD A DROP OF GERMINAL BIO SESAME SEED OIL TO ENHANCE ITS FLAVOUR.

Features	Organic, gluten free, vegan, with ginger.
List of ingredients	*Vegetables 50% (*pumpkin 60%, *carrot, *onion), water, *extra virgin olive oil, *amaranth seeds 1.5%, salt, *ginger 0.1%. * = organic. May contain soy, celery, mustard, lupins, sesame seeds, nuts.

Product code	V7036
Unit of sale E.A.N. code	8001091003774
Box E.A.N. code	8001091503779
UVC net weight	360 g
Storage	Keep refrigerated between 0 °C and +6 °C. Once opened keep refrigerated between 0 °C and +6 °C and consume within 2 days.
Unit of sale size in cm (height, length, depth)	5 x 18.3 x 15.3
Primary packaging	Plastic tray
Secondary packaging	Cardboard sleeve

Typical nutritional value per 100g	
Energy	255 kJ / 61 kcal
Fat	3.8 g
of which saturated	0.5 g
Carbohydrate	5.0 g
of which contains sugars	2.7 g
Fibre	2.0 g
Protein	0.8 g
Salt	1.1 g

Commodity CODE	Pcs per box	Net weight	Box size (height, length, depth)	Box gross weight	Shelf-life	Palletisation
21041000	4	360 g	10.2 x 31.4 x 18.5 cm	1.75 Kg	60 days	168 ct. (12 layers da 14 ct.)

VEGETABLES

SOUP



ORGANIC VEGETABLES SOUP

A GREAT ITALIAN CLASSIC, IDEAL FOR WARMING UP COLD WINTER EVENINGS. SERVE IT HOT AND STEAMING, WITH CRISPY CROUTONS AND DRESS IT WITH A FEW DROPS OF GERMINAL BIO SESAME SEED OIL.

Features	Organic, gluten free, vegan, without legumes.
List of ingredients	*Vegetables 64% (*carrot 28%, *courgette 28%, *pumpkin 20%, *onion 11%, *celeriac 5%, *celery 5%), water, *extra virgin olive oil, salt, *thyme, *ginger. * = organic. May contain soy, mustard, lupins, sesame seeds, nuts.

Product code	V7037	Typical nutritional value per 100g	
Unit of sale E.A.N. code	8001091003781	Energy	167 kJ / 40 kcal
Box E.A.N. code	8001091503786	Fat	2.3 g
UVC net weight	360 g	of which saturated	0.4 g
Storage	Keep refrigerated between 0 °C and +6 °C. Once opened keep refrigerated between 0 °C and +6 °C and consume within 2 days.	Carbohydrate	3.4 g
Unit of sale size in cm (height, length, depth)	5 x 18.3 x 15.3	of which contains sugars	2.2 g
Primary packaging	Plastic tray	Fibre	1.5 g
Secondary packaging	Cardboard sleeve	Protein	0.7 g
		Salt	0.9 g

Commodity CODE	Pcs per box	Net weight	Box size (height, length, depth)	Box gross weight	Shelf-life	Palletisation
21041000	4	360 g	10.2 x 31.4 x 18.5 cm	1.75 Kg	60 days	168 ct. (12 layers da 14 ct.)



Easy and tasty recipes that give off a succession of flavors. Veggie Bites and Burgers can be served as a single dish or accompanied by a quick and savory side dish to give a touch of fun to your meal.

SECOND

COURSE

& FINGER

FOOD

BREADED PATTY WITH SPINACH



ORGANIC BREADED PATTY WITH SPINACH

GERMINAL BIO BREADED PATTY WITH SPINACH, RICH IN PROTEINS, 100% VEGETABLE AND NOT FRIED, IT'S A VALID ALTERNATIVE FOR A TASTY SECOND COURSE.

Features Organic, gluten free, vegan, rich in protein, not fried.

List of ingredients *Spinach 27%, *tofu [water, *soy, nigari (magnesium chloride)], *chickpea flour, *sunflower seeds oil, *restructured soy flour, water, *onion, *potatoes, *vegetable fiber, salt, *garlic, *black pepper, *rosemary. * = organic. May contain **celery, sesame seeds, lupins, mustard, nuts.**

Product code	V7046	Typical nutritional value per 100g	
Unit of sale E.A.N. code	8001091004238	Energy	800 kJ / 192 kcal
Box E.A.N. code	8001091504233	Fat	12 g
UVC net weight	140 g	of which saturated	0.50 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate	6.8 g
Unit of sale size in cm (height, length, depth)	17.5 x 12.3 x 2.5	of which contains sugars	1.4 g
Primary packaging	Plastic tray	Fibre	4.6 g
Secondary packaging	Cardboard sleeve	Protein	12 g
		Salt	1.3 g

Commodity CODE	Pcs per box	Net weight	Box size (height, length, depth)	Box gross weight	Shelf-life	Palletisation
20055900	6	140 g	19 x 13 x 18.5 cm	1.1 Kg	70 days	216 ct. (6 layers da 36 ct.)

CHICKPEAS NUGGETS



ORGANIC CHICKPEAS NUGGETS

GERMINAL BIO CHICKPEAS NUGGETS ARE VEGAN, HIGH IN FIBER AND NOT FRIED. READY TO HEAT, THEY ARE AN ORIGINAL AND TASTY FINGER FOOD FOR A APERITIF WITH FRIENDS.

Features	Organic, gluten free, vegan, rich in fibre, not fried.
List of ingredients	*Chickpeas 35%, *onion, water, *sunflower seeds oil, *rice flour, salt, *parsley, *lemon juice, *cumin, *garlic, *coriander, *curry (mix of *spices and *herbs in varying proportions), *turmeric, *paprika, *black pepper, *cloves, thickener: *guar gum. * = organic. May contain celery, sesame seeds, lupins, mustard, soy, nuts.

Product code	V7048	Typical nutritional value per 100g	
Unite of sale E.A.N. code	8001091004252	Energy	1029 kJ / 246 kcal
Box E.A.N. code	8001091504257	Fat	12 g
UVC net weight	150 g	of which saturated	1.8 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate	23 g
Unit of sale size in cm (height, lenght, depth)	17.5 x 12.3 x 2.5	of which contains sugars	2.8 g
Primary packaging	Plastic tray	Fibre	6.8 g
Secondary packaging	Cardboard sleeve	Protein	8.2 g
		Salt	1.05 g

Commodity CODE	Pcs per box	Net weight	Box size (height, lenght, depth)	Box gross weight	Shelf-life	Palletisation
20055900	6	150 g	19 x 13 x 18.5 cm	1.3 Kg	70 days	216 ct. (6 layers da 36 ct.)

VEGGIE BITES

CHICKPEA

& BLACK

BEANS



ORGANIC VEGGIE BITES CHICKPEA & BLACK BEANS

DELICIOUS BITES CHARACTERIZED BY A RICH TASTE WITH DIFFERENT NUANCES. THE BEANS GIVE FLAVOUR AND TEXTURE, THE CUMIN A WARM AND STRONG AROMA, ENHANCED EVEN MORE BY THE DELICATE AND SWEET TASTE OF THE SESAME. YOU CAN SERVE THEM AS FINGER FOOD FOR AN APERITIF OR AS A SECOND DISH, ENHANCING THE TASTE WITH A DROP OF GERMINAL BIO SESAME SEED OIL. THEY ARE ALSO PERFECT IF SERVED WITH TARATOR SAUCE, A DELICATE COMBINATION OF TAHINI, GARLIC, SALT AND LEMON JUICE.

Features	Organic, gluten free, vegan, source of protein, rich of fibre.
List of ingredients	*Rehydrated chickpeas 41% (*chickpeas 50%, water), *rice flour, *black beans 7%, *sunflower seeds oil, water, *onion, *chickpeas flour 5%, *sesame seeds, salt, *parsley, *cumin. * = organic. May contain soy, celery, mustard, lupins, nuts.

Product code	V7006
Unit of sale E.A.N. code	8001091003293
Box E.A.N. code	8001091503298
UVC net weight	160 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.
Unit of sale size in cm (height, length, depth)	17.5 x 12.3 x 2.5
Primary packaging	Plastic tray
Secondary packaging	Cardboard sleeve

Typical nutritional value per 100g	
Energy	741 kJ / 178 kcal
Fat	6.5 g
of which saturated	0.6 g
Carbohydrate	17 g
of which contains sugars	1.5 g
Fibre	9.9 g
Protein	7.8 g
Salt	1.2 g

Commodity CODE	Pcs per box	Net weight	Box size (height, length, depth)	Box gross weight	Shelf-life	Palletisation
20055900	6	160 g	19 x 13 x 18.5 cm	1.3 Kg	70 days	216 ct. (6 layers da 36 ct.)

VEGGIE BITES

AMARANTH

& CARROTS



ORGANIC VEGGIE BITES AMARANTH & CARROTS

THE BITES HAVE A SLIGHTLY SPICY FLAVOUR: TURMERIC GIVES A WARM AMBER COLOUR AND A STRONG FLAVOUR THAT CONTRASTS WELL WITH THE SWEETNESS OF THE CHICKPEAS AND THE DELICACY OF THE CARROTS. YOU CAN SERVE THEM AS FINGER FOOD FOR AN APERITIF OR AS A SECOND DISH, ENHANCING THE TASTE WITH A DROP OF GERMINAL BIO SESAME SEED OIL.

Features	Organic, gluten free, vegan, source of fibre.
List of ingredients	*Rehydrated amaranth 34% (*amaranth 50%, water), *peas 17%, *carrot 17%, *rice, *sunflower seeds oil, *chickpeas flour, *rice flour, salt, *turmeric, *rosemary. * = organic. May contain soy, celery, mustard, lupins, sesame seeds, nuts.

Product code	V7004	Typical nutritional value per 100g	
Unite of sale E.A.N. code	8001091003279	Energy	805 kJ / 192 kcal
Box E.A.N. code	8001091503274	Fat	6.8 g
UVC net weight	160 g	of which saturated	0.80 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate	24.2 g
Unit of sale size in cm (height, length, depth)	17.5 x 12.3 x 2.5	of which contains sugars	1.5 g
Primary packaging	Plastic tray	Fibre	5.4 g
Secondary packaging	Cardboard sleeve	Protein	6.0 g
		Salt	1.2 g

Commodity CODE	Pcs per box	Net weight	Box size (height, length, depth)	Box gross weight	Shelf-life	Palletisation
20055900	6	160 g	19 x 13 x 18.5 cm	1.3 Kg	70 days	216 ct. (6 layers da 36 ct.)

BURGER EGGPLANT & MILLET



ORGANIC BURGER EGGPLANT & MILLET

THE ORGANIC BURGER EGGPLANT AND MILLET HAS A VERY DELICATE FLAVOUR, ENRICHED BY THE CHARACTERISTIC AROMAS OF TURMERIC AND CUMIN, WHICH GIVE THE BURGER AN AMBER COLOUR AND A STRONG PENETRATING AROMA. IT IS EXCELLENT ON ITS OWN, BUT SENSATIONAL IF COMBINED WITH A MIX OF FRESH SEASONAL SALAD. YOU CAN ALSO DRESS IT WITH A DROP OF GERMINAL BIO SESAME SEED OIL, TO ENHANCE ITS FLAVOURS.

Features	Organic, gluten free, vegan, source of protein.
List of ingredients	*Eggplant 33%, water, *millet 25%, *onions, *sunflower seeds oil, *chickpeas flour, *lemon juice, salt, *turmeric, *cumin, *pepper * = organic. May contain soy, celery, mustard, lupin, sesame seeds, nuts.

Product code	V7002	Typical nutritional value per 100g	
Unite of sale E.A.N. code	8001091003255	Energy	723 kJ / 172 kcal
Box E.A.N. code	8001091503250	Fat	5.7 g
UVC net weight	180 g	of which saturated	0.65 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate	23.3 g
Unit of sale size in cm (height, lenght, depth)	17.5 x 12.3 x 2.5	of which contains sugars	1.7 g
Primary packaging	Plastic tray	Fibre	3.6 g
Secondary packaging	Cardboard sleeve	Protein	5.4 g
		Salt	1.0 g

Commodity CODE	Pcs per box	Net weight	Box size (height, lenght, depth)	Box gross weight	Shelf-life	Palletisation
20055900	6	180 g	19 x 13 x 18.5 cm	1.4 Kg	70 days	216 ct. (6 layers da 36 ct.)

BURGER CHICKPEA & DRIED TOMATOES



ORGANIC BURGER CHICKPEA & DRIED TOMATOES

DRIED TOMATOES GIVE AN INTENSE AND PECULIAR TASTE TO THE BURGER, WHICH RELEASES A SLIGHT MEDITERRANEAN NOTE THANKS TO THE PENETRATING AROMA OF ROSEMARY. YOU CAN SERVE IT ALONE OR ACCOMPANIED BY FRESH TOMATOES AND SEASONAL SALAD, FOR A FRESH AND ORIGINAL SECOND COURSE. YOU CAN ALSO SEASON IT WITH A DROP OF GERMINAL BIO FLAX SEED OIL, TO ENHANCE ITS FLAVOUR.

Features	Organic, gluten free, vegan, source of protein, rich in fibre.
List of ingredients	*Rehydrated chickpeas 42% (*chickpeas 50%, water), *onions, *tomatoes, *rice flour, *dried tomatoes 8%, *chickpeas flour 7%, *sunflower seeds oil, *sesame seeds, water, salt, *rosemary. * = organic. May contain soy, celery, mustard, lupin, nuts.

Product code	V7005	Typical nutritional value per 100g				
Unite of sale E.A.N. code	8001091003286	Energy	785 kJ / 189 kcal			
Box E.A.N. code	8001091503281	Fat	9.3 g			
UVC net weight	180 g	of which saturated	1.0 g			
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate	15 g			
Unit of sale size in cm (height, lenght, depth)	17.5 x 12.3 x 2.5	of which contains sugars	2.2 g			
Primary packaging	Plastic tray	Fibre	9.4 g			
Secondary packaging	Cardboard sleeve	Protein	7.1 g			
		Salt	0.90 g			

Commodity CODE	Pcs per box	Net weight	Box size (height, lenght, depth)	Box gross weight	Shelf-life	Palletisation
20055900	6	180 g	19 x 13 x 18.5 cm	1.4 Kg	70 days	216 ct. (6 layers da 36 ct.)

BURGER SPINACH & QUINOA



ORGANIC BURGER SPINACH & QUINOA

A VEGETABLE BURGER MADE SPECIAL BY THE CHARACTERISTIC TASTE OF QUINOA, COMBINED WITH THE PERSONALITY OF THE SPINACHES AND THE DELICATE TOUCH OF LEEK. A DELICIOUS AND SIMPLE RECIPE THAT RELEASES SEVERALS FLAVOURS. IT CAN BE SERVED AS A MAIN COURSE ACCOMPANIED BY A SEASONAL SALAD OR A SIDE DISH OF SAUTÉED VEGETABLES, TO GIVE A TOUCH OF JOY AND COLOUR TO THE DISHES.

Features	Organic, gluten free, vegan, source of fibre.
List of ingredients	*Spinach 41%, water, *quinoa 15%, *rice flour, *sunflower seeds oil, *chickpeas flour, *leek, salt. * = organic. May contain soy, celery, mustard, lupins, sesame seeds, nuts.

Product code	V7000	Typical nutritional value per 100g
Unite of sale E.A.N. code	8001091003231	Energy 736 kJ / 176 kcal
Box E.A.N. code	8001091503236	Fat 8.4 g
UVC net weight	180 g	of which saturated 0.8 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate 18 g
Unit of sale size in cm (height, lenght, depth)	17.5 x 12.3 x 2.5	of which contains sugars 0.8 g
Primary packaging	Plastic tray	Fibre 4.0 g
Secondary packaging	Cardboard sleeve	Protein 5.1 g
		Salt 1.3 g

Commodity CODE	Pcs per box	Net weight	Box size (height, lenght, depth)	Box gross weight	Shelf-life	Palletisation
20055900	6	180 g	19 x 13 x 18.5 cm	1.4 Kg	70 days	216 ct. (6 layers da 36 ct.)

MINI-BURGER

CARROTS

& PUMPKIN



ORGANIC MINI-BURGER CARROTS & PUMPKIN

THE SWEETNESS OF CARROTS AND PUMPKIN REIGNS SUPREME IN THIS NEW PRODUCT. A FANTASTIC PLEASURE WITH INTENSE FLAVOUR AND COLOUR. SAVOUR IT FOR LUNCH, DINNER OR SIMPLY AS A FINGER FOOD.

Features	Organic, gluten free, vegan, source of fibre.
List of ingredients	*Carrot 30%, *pumpkin 22%, *rice flour,*rehydrated cannellini beans 17% (*cannellini beans 50%, water), *onion, *sunflower seeds oil, salt, *lemon juice, *turmeric, *curry (mixed *spices and *herbs in varying proportions – contains mustard). * = organic. May contain soy, celery, lupins, sesame seeds, nuts.

Product code	V7026	Typical nutritional value per 100g	
Unite of sale E.A.N. code	8001091003491	Energy	843 kJ / 202 kcal
Box E.A.N. code	8001091503496	Fat	11 g
UVC net weight	140 g	of which saturated	1.2 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate	20 g
Unit of sale size in cm (height, lenght, depth)	17.5 x 12.3 x 2.5	of which contains sugars	2.6 g
Primary packaging	Plastic tray	Fibre	3.5 g
Secondary packaging	Cardboard sleeve	Protein	4.0 g
		Salt	1.0 g

Commodity CODE	Pcs per box	Net weight	Box size (height, lenght, depth)	Box gross weight	Shelf-life	Palletisation
20055900	6	140 g	19 x 13 x 18.5 cm	1.0 Kg	60 days	216 ct. (6 layers da 36 ct.)

MINI-BURGER

BEETROOT

& LENTILS



ORGANIC MINI-BURGER BEETROOT & LENTILS

A TASTY PROPOSAL FOR LUNCH IN THE OFFICE OR A DINNER WITH FRIENDS. AN IRRESISTIBLE SOFTNESS CHARACTERIZES THE RED BEETROOT AND LENTIL MINI-BURGERS, MADE EVEN MORE EXCEPTIONAL BY A UNIQUE AND RECOGNIZABLE TASTE.

Features	Organic, gluten free, vegan.
List of ingredients	*Beetroot 26%, *tomatoes 19%, * rice flour, * rehydrated lentils 14% (water, *red lentils 47%), *onion, *sunflower seeds oil, salt, *mustard (*mustard seeds, *vinegar, water, salt), *lemon juice, *thyme. * = organic. May contain soy, celery, lupins, sesame seeds, nuts.

Product code	V7025	Typical nutritional value per 100g	
Unit of sale E.A.N. code	8001091003484	Energy	849 kJ / 203 kcal
Box E.A.N. code	8001091503489	Fat	11 g
UVC net weight	140 g	of which saturated	1.2 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate	21 g
Unit of sale size in cm (height, length, depth)	17.5 x 12.3 x 2.5	of which contains sugars	2.3 g
Primary packaging	Plastic tray	Fibre	1.7 g
Secondary packaging	Cardboard sleeve	Protein	4.2 g
		Salt	1.0 g

Commodity CODE	Pcs per box	Net weight	Box size (height, length, depth)	Box gross weight	Shelf-life	Palletisation
20055900	6	140 g	19 x 13 x 18.5 cm	1.0 Kg	60 days	216 ct. (6 layers da 36 ct.)



A new fresh ready meal line to make your aperitif even tastier, but also to accompany and make your favorite dishes more savory.

APPETIZERS

CLASSIC HUMMUS



ORGANIC CLASSIC HUMMUS

CREAMY AND DELICATE: PERFECT FOR SPREADING ON CRACKERS. A QUICK BUT ORIGINAL IDEA FOR AN APERITIF OR AN APPETIZER WITH FRIENDS.

Features	Organic, gluten free, vegan, source of fibre, source of protein, lactose free.
List of ingredients	*Rehydrated chickpeas 56% (water, *chickpeas 45%, *tahin (*roasted sesame seeds , *extra virgin olive oil), *extra virgin olive oil, *lemon juice, salt, *garlic, acidifier: citric acid. * = organic. May contain celery, lupin, moustard, soy, nuts .

Product code	V7028	Typical nutritional value per 100g	
Unite of sale E.A.N. code	8001091003613	Energy	641 kJ / 154 kcal
Box E.A.N. code	8001091503618	Fat	10 g
UVC net weight	130 g	of which saturated	1.4 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate	8.2 g
Unit of sale size in cm (height, lenght, depth)	4 x 11 x 11	of which contains sugars	2.2 g
Primary packaging	Plastic tray	Fibre	5.0 g
Secondary Packaging	Cardboard sleeve	Protein	5.4 g
		Salt	0.7 g

Commodity CODE	Pcs per box	Net weight	Box size (height, lenght, depth)	Box gross weight	Shelf-life	Palletisation
2005590000	6	130 g	22 x 11.5 x 13	1 kg	60 days	350 ct. (10 layers da 35 ct.)

HUMMUS

WITH

BEETROOT



ORGANIC HUMMUS WITH BEETROOT

HAVE YOU EVER TRIED USING HUMMUS AS A SPREAD FOR SANDWICHES? THE APERITIF YOU ARE ABOUT TO ORGANIZE WILL BE A SUCCESS WITH THIS PRACTICAL BUT TASTY IDEA. THE CHICKPEA AND BEETROOT HUMMUS IS ALSO PERFECT AS A FILLING FOR CREATE SOME VEGETABLE ROLLS. JUST ROLL A SLICE OF COURGETTE AROUND A SPOON OF HUMMUS AND YOU ARE GOOD TO GO!

Features	Organic, gluten free, vegan, source of fibre, source of protein, lactose free.
List of ingredients	*Rehydrated chickpeas 40% (water, *chickpeas 45%, *beetroot 30%, *tahin (*roasted sesame seeds , *sunflower seeds oil), *extra virgin olive oil, *lemon juice, salt, *thyme, *garlic, acidifier: citric acid. * = organic. May contain celery, lupin, moustard, soy, nuts .

Product code	V7029
Unite of sale E.A.N. code	8001091003620
Box E.A.N. code	8001091503625
UVC net weight	130 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.
Unit of sale size in cm (diameter)	4 x Ø 10.5
Primary packaging	Plastic tray

Typical nutritional value per 100g	
Energy	549 kJ / 132 kcal
Fat	8.2 g
of which saturated	0.65 g
Carbohydrate	7.2 g
of which contains sugars	2.2 g
Fibre	5.2 g
Protein	4.8 g
Salt	0.56 g

Commodity CODE	Pcs per box	Net weight	Box size (height, lenght, depth)	Box gross weight	Shelf-life	Palletisation
2005590000	6	130 g	22 x 11.5 x 13	1 kg	60 days	350 ct. (10 layers da 35 ct.)

VEGETARIAN

OLIVIER

SALAD



ORGANIC OLIVIER SALAD

THE VEGETARIAN OLIVER SALAD WILL SURELY IMPRESS YOUR GUESTS: A TRADITIONAL STARTER THAT NEVER GETS OLD. YOU CAN MAKE CANAPÉS OR SERVE IT AS IT IS IN AN ENDIVE LEAF, TO GIVE A TOUCH OF COLOUR TO YOUR TABLE. A SIMPLE BUT ALWAYS EFFECTIVE DISH!

Features	Organic, gluten free, vegan, lactose free.
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List of ingredients	*Vegetables 50% (*potato, *carrot, *peas), *sunflower seeds oil, *soy drink 14% (water, *soy 8%, salt), *apple vinegar, *mustard (*mustard seeds, *vinegar, water, salt), salt, *turmeric, thickener: *acacia gum, acidifier: citric acid. * = organic. May contain celery , lupins , nuts , sesame seeds .
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Product code	V7015	Typical nutritional value per 100g	
Unit of sale E.A.N. code	8001091003385	Energy	1301 kJ / 315 kcal
Box E.A.N. code	8001091503380	Fat	30 g
UVC net weight	150 g	of which saturated	12 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate	8.5 g
Unit of sale size in cm (diameter)	4 x Ø 10.5	of which contains sugars	1.5 g
Primary packaging	Plastic tray	Fibre	1.5 g
		Protein	2.0 g
		Salt	0.55 g

Commodity CODE	Pcs per box	Net weight	Box size (height, length, depth)	Box gross weight	Shelf-life	Palletisation
2005590000	6	150 g	22 x 11.5 x 13	1 kg	60 days	350 ct. (10 layers da 35 ct.)

CREAMY WITH PINK PEPPER



ORGANIC CREAMY WITH PINK PEPPER

GERMINAL BIO CREAMY WITH PINK PEPPER IS A VEGETABLE SUBSTITUTE FOR CHEESE SPREADABLE, ALMOND-BASED, PROTEIN SOURCE AND LACTOSE-FREE. TRY IT IN THE KITCHEN! YOU WILL BE ABLE TO PREPARE APPETIZING AND ORIGINAL RECIPES FOR THE WHOLE FAMILY EVERY DAY.

Features	Organic, gluten free, vegan, source of protein, lactose free.
List of ingredients	Water, *almonds 30%, *lemon juice, *sunflower seeds oil, salt, *pink pepper 1%. * = organic. May contain celery, lupins, mustard, soy, other nuts, sesame seeds .

Product code	V7050	Typical nutritional value per 100g	
Unit of sale E.A.N. code	8001091004276	Energy	1038 kJ / 251 Kcal
Box E.A.N. code	8001091504271	Fat	23 g
UVC net weight	130 g	of which saturated	2.2 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate	2.0 g
Unit of sale size in cm (diameter)	4 x Ø 10.5	of which contains sugars	1.7 g
Primary packaging	Plastic tray	Fibre	2.1 g
		Protein	8.0 g
		Salt	1.1 g

Commodity CODE	Pcs per box	Net weight	Box size (height, lenght, depth)	Box gross weight	Shelf-life	Palletisation
21069092	6	130 g	22 x 11.5 x 13 cm	1 Kg	52 days	350 ct. (10 layers da 35 ct.)

CREAMY WITH CHIVES



ORGANIC CREAMY WITH CHIVES

GERMINAL BIO CREAMY WITH CHIVES IS A VEGETABLE SUBSTITUTE FOR CHEESE SPREADABLE, ALMOND-BASED, PROTEIN SOURCE AND LACTOSE-FREE. TRY IT IN THE KITCHEN! YOU WILL BE ABLE TO PREPARE APPETIZING AND ORIGINAL RECIPES FOR THE WHOLE FAMILY EVERY DAY.

Features	Organic, gluten free, vegan, source of protein, lactose free.
List of ingredients	Water, *almonds 29%, *lemon juice, *sunflower seeds oil, *chives 5.8%, salt. * = organic. May contain celery, lupins, mustard, soy, other nuts, sesame seeds.

Product code	V7049	Typical nutritional value per 100g	
Unit of sale E.A.N. code	8001091004269	Energy	923 kJ / 223 kcal
Box E.A.N. code	8001091504264	Fat	20 g
UVC net weight	130 g	of which saturated	2.0 g
Storage	Keep refrigerated between 0 °C and +4 °C. Once opened keep refrigerated between 0 °C and +4 °C and consume within 2 days.	Carbohydrate	1.6 g
Unit of sale size in cm (diameter)	4 x Ø 10.5	of which contains sugars	1.4 g
Primary packaging	Plastic tray	Fibre	2.5 g
		Protein	8.0 g
		Salt	1.1 g

Commodity CODE	Pcs per box	Net weight	Box size (height, length, depth)	Box gross weight	Shelf-life	Palletisation
21069092	6	130 g	22 x 11.5 x 13 cm	1 Kg	52 days	350 ct. (10 layers da 35 ct.)

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